

Date: 5/27/25

PREP SUMMER MENU: GRADES K-6
BREAKFAST, LUNCH, SUPPER
JULY 7 – 11, 2025

	MONDAY 7/7	TUESDAY 7/8	WEDNESDAY 7/9	THURSDAY 7/10	FRIDAY 7/11
	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Entrée 1	Buttery Maple Waffle  (R2259)	Morning Magic Bagel  (R2292)	Morning Beef Sausage Sandwich (R0108)	Ham & Cheese Croissant (R0628)	Oat Crumble Coffee Cake  (CMS #2054)
Entrée 2	Deluxe Cereal Bowl 	Nutri-Grain Bar & Yogurt  (R5721-DW, R5722-CB)	Deluxe Cereal Bowl 	Chocolate Chip Muffin  (CMS #2029)	Yogurt 4 oz. & Crackers  (R5617-DW, R5618-CB)
Entrée 3 <i>Vegan</i>	ONLY PROVIDE UPON REQUEST Offer Cinnamon Toast Crunch (CMS #1623) OR Morning Magic Bagel (R2292), Strawberry Jam (CMS#1690)				
FRUIT, FRUIT JUICE, & MILK - MUST OFFER THE FOLLOWING DAILY: 1) Fruit, ½ c; 2) Fruit Juice, ½ c; and 3) Milk, 8 oz.					
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Entrée 1 <i>Café LA Favorite & RAP</i>	Bean & Cheese Chile Burrito  (R1955) Optional: Fresh Salsa (R4613)	Chicken Drumstick (R0974) Artisan Roll (CMS #6068)	Beef & Cheese Taquitos (R0167) Optional: Fresh Salsa (R4613)	All Star Turkey Hot Dog (R0584)	Optional: Fresh Topping* for Both Choices Spicy Breaded Chicken Sandwich (R0907) AND/OR Breaded Chicken Sandwich (R0958)
Entrée 2	Cheese Pizza Wedge  (R1063)	Spicy Taco Stick (R0195) Optional: Fresh Salsa (R4613)	Café LA Burger (R0090) Optional: Fresh Topping*	Orange Chicken & Broccoli Rice Bowl (R5626)	Turkey Breast & Cheese Sandwich (R0911) Optional: Fresh Topping*
Entrée 3 <i>Vegan</i>	OPTIONAL VEGAN ENTREE – PROVIDE UPON STUDENT REQUEST				
	Vegan Chik’n Tenders (R6043) Artisan Roll (CMS #6068)	Sunbutter & Strawberry Jelly Sandwich (CMS #2978) OR Cinnamon Apple Chickpea & Jelly Sandwich (CMS #2006)	Chik’n Nuggets (R6021) Artisan Roll (CMS #6068) AND/OR Buffalo Chik’n Nuggets (R6031) Artisan Roll (CMS #6068)	Vegan Teriyaki & Broccoli Rice Bowl (R6049)	Optional: Fresh Topping* for sandwiches Spicy Chick’n Sandwich (R6051) AND/OR Chik’n Sandwich (R6029)
OPTIONAL Quick Serve	May be served from regular service area or cart. Do if this option meets your operational needs. Lunch Entree 1, 2, or a Field Trip meal may be used for this option.				
*FRESH TOPPING OPTIONS: SERVE EITHER FRESH LETTUCE (R4642) OR LETTUCE & TOMATO (R4520)					
Vegetable (½ c)	Petite Baby Carrots (CMS #3006)	Sweet Corn (R4097)	Café LA Salad (R4576)	Cucumber Coins (R4478)	Sweet Potato Fries (R4464) <i>(Choice of Sauce)</i>
Vegetable (½ c)	Cherry Smooth Cup (CMS #2364)	Cucumber Coins (R4478)	Orange Medley Juice (CMS #1308)	Cooked Edamame (R4596)	Café LA Salad (R4576)

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FRUIT & MILK - MUST OFFER THE FOLLOWING DAILY: 1) Fresh Fruit, ½ c [Friday is Kiwi Strawberry Slush, CMS# 2417]; 2) Milk, 8 oz.					
Treat Item	Offer the Chocolate Chip Cookie (R2641/CMS #2766) once a week as an Extra Treat.				
	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Entrée 1 <i>Cold</i>	Sunbutter & Strawberry Jelly Sandwich (CMS #2978)	Turkey Breast & Cheese Sandwich (R0911)	Beef Stick Meal Kit (CMS #1688)	Chicken Parmesan Wrap (R5751-DW, R5752-CB)	Turkey Stick (CMS #2065) & Cheese Plank (CMS #2525) Cheez-Its CMS #1239
Entrée 2 <i>Vegan</i>	ONLY PROVIDE A VEGAN SUPPER UPON REQUEST. <i>Provide a vegan entrée that is different than what was served for lunch the same day.</i> Entrée Options: 1. Sunbutter & Strawberry Jelly Sandwich (R1943) 2. Apple Cinnamon Chickpea & Grape Jelly Sandwich (R1944)				
Vegetable (½ c)	Paradise Punch Vegetable Juice (CMS #1681)	Petite Baby Carrots (CMS #3006)	<i>Vegetable in Kit</i>	Berry Berry Blue Slush (CMS #2827)	Petite Baby Carrots (CMS #3006)

FRUIT AND MILK: MUST OFFER THE FOLLOWING DAILY: 1) Fresh Fruit, ½ c [Wednesday, Fruit is included in Kit]; and 2) Milk, 8 oz.					
CONDIMENTS B=Breakfast L=Lunch S=Supper	L: Taco Sauce or Tapatio, BBQ Sauce, Ketchup, Optional: Ranch L, S: Tajin	B: Cream Cheese (CMS #7097-DW, #9043-CB), Strawberry Jam L: BBQ Sauce, Taco Sauce or Tapatio S: Mayo, Mustard L, S: Tajin Optional: Ranch	L: Taco Sauce or Tapatio, Ketchup, Mustard, Mayo, BBQ Sauce, Choice Dressing S: Optional: Ranch L, S: Tajin	L: Ketchup, Mustard, Sriracha, Optional: Ranch Dressing S: Taco Sauce or Tapatio L, S: Tajin	B: Strawberry Jam L: Ketchup, Mustard, Mayo, BBQ Sauce, Choice Dressing, <u>Choice of Sauce:</u> BBQ Ranch (R7080), Cajun Ranch (R7110-CB/R7111-DW), Sriracha Mayo (R7079) S: Ranch L, S: Tajin

FIELD TRIP LUNCH MENU		
ENTRÉE Option 1 Turkey Breast & Cheese Sandwich (R0911)	ENTRÉE Option 2 Cheese Sandwich V (R1008)	ENTRÉE Option 3 - VEGAN Sunbutter & Strawberry Jelly Sandwich (CMS #2978) OR Cinnamon Apple Chickpea & Jelly Sandwich (CMS #2006)
OFFER ALL BELOW WITH EACH ENTRÉE OPTION		
FRUITS (1 c)	VEGETABLE (1 c)	MILK, 8oz.
Fresh Fruit, 2 Each Fresh Fruits	Petite Baby Carrots (CMS #3006), 1, 2.5 oz. Pkg. OR Celery Sticks (CMS #3826), 1 Pkg. AND Paradise Punch Vegetable Juice (CMS #1681) OR Orange Medley Juice (CMS #1308)	See List Below

Milk: Must serve two choices from the following options. **All the Grain/Bread items served are whole grain rich.** **V** = Vegetarian

Fat-Free Milk (8 oz)	Low-Fat Milk (8 oz)	Fat-Free Lactose Free Milk (8 oz)	Fat-Free Chocolate Milk (8 oz)	Fat-Free Strawberry (8 oz)
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Deluxe Cereal Bowl

Cinnamon Toast Crunch (CMS #1623)	Honey Bunches of Oats (CMS #1425)	Honey Cheerios (CMS #1442)
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Fresh Fruit

Nectarine (CMS#3891)	Plums (CMS# 3522)	Peach (CMS #3886)	White Peach (CMS# 3884)	Plumcot (CMS# 3940)
Pluot (CMS# 3700)	Banana (CMS #3204) Do not order on Mondays	Strawberries (CMS #3246, R3332) - Offer 2x/week at Lunch & Supper		

This Institution is an equal opportunity provider.

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